



GKIS Screen Safety Certification Training Q&A and Curriculum Outline

Parents, educators, and mental health professionals are increasingly becoming aware of the pervasive and serious digital injuries being seen in kids and teens. The GetKidsInternetSafe Screen Safety Certification Training is designed to give professionals and paraprofessionals intensive training to competently work with youth, parents, and families to achieve better harmony and screen safety. Our GKIS Screen Safety Certification Training is a 100% online comprehensive course offered in 26 short lessons contained within 4 modules plus 4 direct group online training sessions with Dr. Tracy Bennett. Each one-hour direct training session will be scheduled after each module to offer in-depth training regarding the complex developmental and clinical aspects of program application for kids, parents, and families. Once certified, you will be able to better help your youth and families achieve healthier screen use habits and better advise and support your families.

Why screen safety is so important!



Who is eligible for GKIS Screen Safety Certification Training?

Any paraprofessional or professional who wants to gain expertise in teaching internet safety to youth and parents can become GKIS Screen Safety Certified. Some students are beginners in working with youth and families while others have a license or certification in their profession.

Typical certification students include:

- Pediatricians and family practice doctors
- Psychiatrists
- Psychologists
- Social workers
- Licensed Marriage and Family Therapists (LMFTs)
- School psychologists and Licensed Educational Psychologists (LEPs)
- Licensed Professional Clinical Counselors (LPCCs)
- Teachers
- Youth leaders
- Community leaders, among others.

How long will the Screen Safety Certification Training take?

Students can complete each of the four modules (26 lessons) online at their own pace. After each module, you will register for your 60-minute online training group session with Dr. Bennett. Consuming all course content (reading, videos, and direct training) should take about 20 hours to complete. You can enroll at any time, but you must complete the program within 12 months to graduate with a GKIS Screen Safety Certification.

How much does it cost?

The cost of the GetKidsInternetSafe Screen Safety Certification Training is \$899 per student if you want CEU's (\$699 without CEUs). For \$899, you get access to the asynchronous comprehensive online course plus four scheduled online group training sessions with Dr. Tracy Bennett. Although many programs charge a separate fee for the direct training aspects of the program (on top of tuition), your time with Dr. Bennett is built into our tuition cost. There is no additional charge. We happily offer discounted pricing for groups for the \$699 rate only.

- 5-10 students = 10% off • 11-25 students = 15% off • 26+ students = 20% off

How many continuing education units (CEUs) can I get?

GetKidsInternetSafe partners with Tarzana Treatment Centers to award our students 20 continuing education units from the Board of Behavioral Sciences (BBS) upon completion of the course. BBS licensees include LMFTs, LCSWs, LPCCs, and LEPs.

Tarzana Treatment Centers, Inc. (Provider # 132692) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSW, LPCCs and/or LEPs. BRN Provider # CEP 8226; CAADE Provider # CP40 928 C 1024; CADTP #199 9125; CCAPP Provider # 2N-88-174-0325; CHES # 101178; NBCC ACEP # 6841; CalMHSA-Approved Continuing Education Provider # 1003 Tarzana Treatment Centers, Inc. maintains responsibility for this program/course and its content.

Who provides training for the certification?

Screen Safety Certification students will receive four synchronous online training sessions (one after each module) with Screen Safety Expert and Licensed Clinical Psychologist Dr. Tracy Bennett. While anyone can offer training, Dr. Bennett has been treating clients in her private practice for over 30 years and has taught Addiction Studies, Clinical Psychology, Parenting, and Directive Studies as Adjunct Faculty

at California State University Channel Islands for 20 years. She is the Founder of [GetKidsInternetSafe](#) and the author of [Screen Time in the Mean Time: A Parenting Guide to Get Kids Internet Safe](#).

Is there an exam I have to pass to become GKIS Certified?

There is a quiz for each module that you must pass to demonstrate an understanding of key concepts and proficiency in working with youth, parents, and families to use GKIS tools and strategies. The quizzes are administered by GetKidsInternetSafe and not by a state or national board.

What can the GKIS Certification do for me?

Once certified, you can list “GetKidsInternetSafe Screen Safety Certified” on your marketing materials to demonstrate your advanced training and expertise. You may choose to refer your customers to register for our [GKIS Essentials Course](#) for families or our [GKIS Social Media Readiness Course](#) for tweens and teens so you can coach them through with your advanced knowledge. Alternatively, you may choose to use your screen safety expertise to generally impact your own teaching content and process. ♡

The GKIS Screen Safety Certification demonstrates to clients, customers, agencies, and prospective employers that you have completed a rigorous training program in screen safety. Your ability to say you’ve received this training, especially from someone with Dr. Bennett’s qualifications and reputation, will represent expertise to people who care about quality. Official recognition of expert training varies widely from area to area, and screen safety training is even less known. We are pioneers in this area, and you can be too. You might be the first to bring this new expertise to families in your community!

Curriculum Outline

Your GKIS Screen Safety Certification Training offers 26 lessons organized into four modules plus four direct training sessions. Each lesson contains a quick parenting video, a video for the whole family to view, and optional downloads with readings, bonus videos, infographics, and bonus webinar access. After each module, you will attend an online direct group training session with Dr. Bennett. During these sessions, she will teach the special issues that arise when working directly with youth and families and how to highlight your GKIS Screen Safety Certification to reflect your advanced training to attract customers and support their confidence in your expert abilities.

For your certification training, work through the four modules (weeks 1 - 26) from the Screen Safety Essentials Course at your own pace. Consuming all course content (videos, readings, materials, webinars, and supervision) plus direct trainings should take about 20 hours to complete. You can work through the online lessons as quickly as you would like. However, you must complete the course within 12 months to graduate with a GKIS Screen Safety Certification.

After you receive your certification, you may choose to refer your customers to register for our [GKIS Essentials Course](#) for families or our [GKIS Social Media Readiness Course](#) for tweens and teens so you can coach them through with advanced knowledge. Alternatively, you may choose to use your screen safety expertise to generally impact your own teaching content and process. ♡

MODULE 1: Get the conversation started with sensible rules and guidelines with our Connected Family Screen Agreement.

DIRECT TRAINING SESSION 1: Getting Started

MODULE 2: Master tech setup for monitoring & management with our SCREEN SAFETY TOOLKIT.

DIRECT TRAINING SESSION 2: Family Dynamics & Special Issues

MODULE 3: Use our expert home setup strategies to optimize digital fluency with safety in mind with our CONNECTED FAMILY COURSE.

DIRECT TRAINING SESSION 3: Getting the Word Out

MODULE 4: Fuel happiness and overall good mental health with the PSYCHOLOGICAL WELLNESS STRATEGIES Dr. B's been using in her practice for over 30 years.

DIRECT TRAINING SESSION 4: Tying Up Loose Ends & Graduation

Learning Objectives:

Learning Goals and Objectives:

In the GKIS Screen Safety Certification Training Course, you will receive intensive training to more competently work with youth, parents, and families to achieve better harmony and screen safety.

Learning Goals (3)

1. By the conclusion of the course, participants will be able to outline and explain at least three health, three interpersonal exploitation, and three financial exploitation risks related to digital injury.
2. By the conclusion of the course, participants will be able to demonstrate at least three psychologically informed strategies for better online safety and problem-solving.
3. By the conclusion of the course, participants will be able to create and present a comprehensive parenting plan that addresses communication, digital injury prevention, and child resilience.

SMART Learning Objectives (12)

Module 1

1. By the conclusion of the course, participants will be able to list at least three ways the GKIS Connected Family Screen Agreement increases screen safety.
2. By the conclusion of the course, participants will be able to identify at least two reasons why parental encouragement of empowerment is preferable to protectionism regarding child screen use.
3. By the conclusion of the course, participants will be able to identify and define four responses to conflict.

Module 2

4. By the conclusion of the course, participants will be able to identify and describe four specific interventions for an effective screen safety toolkit.
5. By the conclusion of the course, participants will be able to list at least three benefits of screen use.
6. By the conclusion of the course, participants will be able to identify at least three factors that influence learning using screen technology.

Module 3

7. By the conclusion of the course, participants will be able to identify and describe at least three health risks associated with digital injury.
8. By the conclusion of the course, participants will be able to identify and describe at least three interpersonal exploitation risks related to digital injury.
9. Participants will be able to identify and describe three ways to get a positive, collaborative conversation started with kids and teens.

Module 4

10. By the conclusion of the course, participants will be able to identify five strategies to increase safety before a child plays video games or adopts social media.
11. By the conclusion of the course, participants will be able to name and explain two screen safety guidelines for each of the following child age groups: newborn to two, three to six, seven to eleven, and twelve to seventeen.
12. By the conclusion of the course, participants will be able to list and demonstrate at least two cognitive behavioral tools for emotional self-regulation.

Commonsense Disclaimer: Students are responsible for their own work during this training, so please follow the ethics and legal rules and regulations relevant to your scope of work and workplace. Dr. Bennett bears no legal responsibility for your work with your students. My goals for GetKidsInternetSafe courses are to teach skills to parents, paraprofessionals, and professionals to inspire cooperative family dialogue and sound strategies for screen management and psychological wellness. General practical tips are offered for informational guidelines rather than clinical service. As a mother and licensed psychologist, I am profoundly aware that each child, parent, family, and community is different. Good teaching, mentorship, and parenting come in many forms. Not all course tips work with all kids and families. Please use your best judgment when applying them. For specific questions about your child's or customer's physical or mental health, please consult your local pediatrician or licensed clinical psychologist. If you or a customer are in crisis, please contact emergency services immediately. GetKidsInternetSafe [Privacy Policy](#) and [Terms of Use](#) apply. Thanks for reading through the legal and ethical stuff. Welcome to our GetKidsInternetSafe community, and please enjoy all that your GKIS course has to offer!