

GKIS Screen Safety Certification Training Q&A and Curriculum Outline

Parents, educators, and mental health professionals are increasingly becoming aware of the pervasive and serious digital injuries being seen in kids and teens. The GetKidsInternetSafe Screen Safety Certification Training is designed to give professionals and paraprofessionals intensive training to competently work with youth, parents, and families to achieve better harmony and screen safety. Our Screen Safety Certification Training is a 100% online comprehensive course offered in 26 short lessons contained within 4 modules plus 4 direct group training sessions with Dr. Tracy Bennett. Each one-hour direct training session will be scheduled after each module to offer in-depth training support regarding the complex developmental and clinical aspects of program application for kids, parents, and families. Once certified, you will be able to better help your youth and families achieve healthier screen use habits and better advise and support your families.

Why screen safety is so important!



Who is eligible for GKIS Screen Safety Certification Training?

Any paraprofessional or professional who wants to gain expertise in teaching internet safety to youth and parents can become GKIS Screen Safety Certified. Typical certification students include mental and behavioral health professionals, school psychologists, counselors, teachers, youth leaders, and community leaders, among others. Some students are beginners in working with youth and families while others have a license or certification in their profession.

How long will the Screen Safety Certification Training take?

Students can complete the 26 lessons online at their own pace. After each module, you will register for your 60-minute online direct training group sessions with Dr. Bennett. Consuming all course content (reading, videos, and direct training) should take about 20 hours to complete. You can enroll at any time, but you must complete the program within 12 months to graduate with a GKIS Screen Safety Certification.

How much does it cost?

The cost of the GetKidsInternetSafe Screen Safety Certification Training is \$699 per student. Although many programs charge a separate fee for the direct training aspects of the program (on top of tuition), your time with Dr. Bennett is built into our tuition cost. There is no additional charge. If you'd prefer a payment plan, you can pay \$200 per module (totaling \$800 per student). We happily offer discounted pricing for groups for the \$699 rate only.

• 5-10 students = 10% off • 11-25 students = 15% off • 26+ students = 20% off

Who provides direct training for the certification?

Screen Safety Certification students will receive four direct training sessions (one after each module) by Screen Safety Expert and Licensed Clinical Psychologist Dr. Tracy Bennett. While anyone can offer training, Dr. Bennett has been treating clients in her private practice for over 25 years and has taught Addiction Studies, Clinical Psychology, Parenting, and Directive Studies as Adjunct Faculty at California State University Channel Islands for 20 years. She is the Founder of GetKidsInternetSafe and the author of Screen Time in the Mean Time: A Parenting Guide to Get Kids Internet Safe.

Is there an exam I have to pass to become GKIS Certified?

There are quizzes for each module and a final exam you need to pass to demonstrate an understanding of key concepts and proficiency in working with youth, parents, and families to use GKIS tools and strategies. The quizzes and the final exam are administered by GetKidsInternetSafe and not by a state or national board.

What can the GKIS Certification do for me?

After you receive your certification, you may choose to refer your customers to register for our <u>GKIS</u> <u>Essentials Course</u> for families or our <u>GKIS Social Media Readiness Course</u> for tweens and teens so you can coach them through with your advanced knowledge. Alternatively, you may choose to use your screen safety expertise to generally impact your own teaching content and process. ♥

The GKIS Screen Safety Certification demonstrates to clients, customers, agencies, and prospective employers that you have completed a rigorous training program in screen safety. Your ability to say you've received this training, especially from someone with Dr. Bennett's qualifications and reputation, will represent expertise to people who care about quality. Official recognition of expert training varies

widely from area to area, and screen safety training is even less known. We are pioneers in this area, and you can be too. You might be the first to bring this new expertise to families in your community!

Curriculum Outline

Your GKIS Screen Safety Certification Training offers 26 lessons organized into 4 modules. Each lesson contains a quick parenting video, a video for the whole family to view, and optional downloads with readings, bonus videos, infographics, and bonus webinar access. After each module, students will attend a weekly online group training session with Dr. Bennett.

MODULE 1: Get the conversation started with sensible rules and guidelines with our Connected Family Screen Agreement.

DIRECT TRAINING SESSION 1: Getting Started

MODULE 2: Master tech setup for monitoring & management with our SCREEN SAFETY TOOLKIT.

DIRECT TRAINING SESSION 2: Family Dynamics & Special Issues

MODULE 3: Use our expert home setup strategies to optimize digital fluency with safety in mind with our CONNECTED FAMILY COURSE.

DIRECT TRAINING SESSION 3: Getting the Word Out

MODULE 4: Fuel happiness and overall good mental health with the PSYCHOLOGICAL WELLNESS STRATEGIES Dr. B's been using in her practice for over 25 years.

DIRECT TRAINING SESSION 4: Tying Up Loose Ends & Graduation

Learning Objectives:

In the GKIS Screen Safety Certification Training Course, you will receive intensive training to more competently work with youth, parents, and families to achieve better harmony and screen safety. After successful completion of the GetKidsInternetSafe Screen Safety Certification Training, you will be able to:

- Identify the historical and socio-cultural aspects of parenting and screen media use.
- Teach the health, interpersonal exploitation, and financial exploitation risks of digital injury.
- Explain biological, psychological, environmental, and social factors that can lead to vulnerability to digital injury and Internet addictions.
- Better understand how your customers are consuming digital media by knowing how to best investigate and learn about their critical online behaviors without triggering shame and defensiveness.

- Offer and teach young customers how to employ a toolkit of psychologically-informed strategies for best online problem-solving and safety with a psychological wellness framework in mind.
- Create a custom, comprehensive parenting plan for your families to:
 - Grow closer with more cooperative communication.
 - Better avoid digital injury.
 - Encourage child digital fluency and independence.
 - Optimize child problem-solving and resilience that matches with family values and beliefs.
- Have a beginning knowledge of how to highlight your GKIS Screen Safety Certification to better inform potential customers and employers and drive traffic to your unique brand.

Commonsense Disclaimer: Students are responsible for their own work during this training, so please follow the ethics and legal rules and regulations relevant to your scope of work and workplace. Dr. Bennett bears no legal responsibility for your work with your students. My goals for GetKidsInternetSafe courses are to teach skills to parents, paraprofessionals, and professionals to inspire cooperative family dialogue and sound strategies for screen management and psychological wellness. General practical tips are offered for informational guidelines rather than clinical service. As a mother and licensed psychologist, I am profoundly aware that each child, parent, family, and community is different. Good teaching, mentorship, and parenting come in many forms. Not all course tips work with all kids and families. Please use your best judgment when applying them. For specific questions about your child's or customer's physical or mental health, please consult your local pediatrician or licensed clinical psychologist. If you or a customer are in crisis, please contact emergency services immediately. GetKidsInternetSafe Privacy Policy and Terms of Use apply. Thanks for reading through the legal and ethical stuff. Welcome to our GetKidsInternetSafe community, and please enjoy all that your GKIS course has to offer!