

GKIS Offerings

GetKidsInternetSafe is an S-Corp founded by Dr. Tracy Bennett, Founder & Clinical Psychologist, whose mission is to help youth and families achieve screen sanity, prevent digital injury, and form deeper, more meaningful relationships.



For Teachers & Administrators

In-Service Screen Safety Training for Teachers (3-Hours)

Investment: \$4000

[Learn More](#)

“Help Your Students Avoid Digital Injury” This training offers information about the sources of digital injury, what the science says about screen addiction, and the powerful psychological wellness strategies that Dr. B has tested in her practice. She will also touch upon how the research findings support the need for a classroom free of personal smartphones, plus so much more.

GKIS Screen Safety Online Certification Course (20-Hours)

Investment: \$699/\$899 CEU option

[Learn More](#)

Kids are spending more unsupervised time in online neighborhoods than offline neighborhoods. They need ongoing education and guidance to make sound decisions. This course helps you become their go-to internet safety expert. You will be able to teach the red flags of online risk and the wellness strategies to keep families safer online. Our goal is to help you build a closer community and empower your students, a must-have for paraprofessionals and professionals who work with youth and families.

For Students

Screen Safety Webinars for 4th- 8th Grade Student Groups (One-Hour)

Investment: \$600

[Learn More](#)

- **“The Internet as a World of Discovery”**
- **“Connecting Safely and Creatively Online”**
- **“Making Your Digital Footprint Work FOR You”**

These webinars are developmentally matched for the student audience. They focus on knowledge and empowerment and cover digital injury risks, how to avoid screen traps and manage screen time/content, and how students can create a digital footprint that represents “the best you” online.

GKIS Social Media Readiness Online Course for Tweens & Teens

Investment: \$59

[Learn More](#)

Like driver's training but for the internet, this course prepares tweens and teens for unexpected online risks, PLUS wellness tools to optimize psychological health. Screen safety is a moving target. Our course offers best practices from the research, plus creative, real-world clinical secrets from Dr. B's practice with the most challenging teens. Family-tested and outcome-based, our Social Media Readiness Course helps teens close risk gaps and improve mental health.

For Parents

Screen Safety Webinars for Parents & Community Engagement (One-Hour)

Investment: \$600

[Learn More](#)

"Ready for Screen Sanity?" This webinar focuses on parent empowerment. It covers digital injury risks, the most important factor for screen safety, what parents can do to protect and facilitate good judgment, and how to get started right away!

GKIS Screen Safety Essentials Online Course for Families

Investment: \$119

[Learn More](#)

Achieve screen sanity (and avoid costly digital injury). Our course offers 5-minute coaching videos and quick-use tools delivered in four modules that you can take at your own pace. It's the information parents need to answer questions and earn the credibility to be their go-to expert. Included are a workbook and colorful infographic downloads, other fun videos, access to Dr. B's best webinars, and digital content from her book, [Screen Time in the Mean Time](#). For families with kids of all ages.

Additional Details

*A single webinar is priced at \$600. Additional webinars are discounted to \$500.

*Online course group discounts: 10% for 5-10, 15% for 11-25, 20% for 26+ students

*Live presentations are offered at \$4000/day + travel fees. Max 4 presentations/day.

Social Media	Websites	Dr. B's Bio/EPK & Email
<p data-bbox="193 203 437 275"><i>Instagram, FB, X:</i> <i>GetKidsInternetSafe</i></p> <p data-bbox="108 315 526 347"><i>YouTube, LinkedIn: DrTracyBennett</i></p>	<p data-bbox="592 203 1002 239">https://getkidsinternetsafe.com/</p> <p data-bbox="624 280 970 315">https://drtracybennett.com</p>	<p data-bbox="1066 203 1493 282">https://getkidsinternetsafe.com/drtracybennettelectronicpresskit/</p> <p data-bbox="1086 327 1473 358">DrTracy@DrTracyBennett.com</p>