



GetKidsInternetSafe.com

DR. TRACY BENNETT



Dr. Bennett a mother of three, psychologist, and adjunct faculty at California State University Channel Islands - CSUCI (Addiction Studies and Clinical Psychology). She's worked with children, teens, adults, and families in private practice for over 20 years.

Why GKIS?

Dr. Bennett created [GetKidsInternetSafe](http://GetKidsInternetSafe.com) in response to concern about her own kids and epidemic Internet safety issues she was treating in her practice. Her [blog articles](#), presentations, podcast/radio interviews, media appearances, and sensible online parenting programs have made a powerful impact on families.

Worried how screen media is affecting your kids?

Are your parenting strategies hit or miss?

Intimidated by technology?

Book Tracy as your guest to learn:

Effects on Brain Development: What is your biggest concern about screen media use today?

Age Guidelines: When should I buy my child a tablet, smartphone, laptop, or gaming system?

Social media & GKIS Screen Smarts: What social media apps should I allow? What behaviors should I look out for?

Digital Citizenship, Cyberbullying, Online Reputation, & Netiquette: What topics should I cover so my kids don't reveal personal information or take dangerous risks online?:

Stranger Danger & Cybersecurity: What can I do to protect my kids from inappropriate content and online predators?

Tech Setup: Filtering & Monitoring: What are sensible screen media rules and regulations? How do I manage issues like multitasking, vamping, and overuse/addiction?

Home Staging & Advanced Parenting Strategies: How do I enforce limits without provoking tantrums and resentment?

(805)469-8670

DrTracyBennett@GetKidsInternetSafe.com

